



Description

The Body Image Elite™ Reverse Hyper targets the lower part of the body including hamstrings and glutes.

It acts as a rehabilitation device by leading to dynamic strength development in the concentric phase and stretching and depressurising the spinal area in the eccentric period of the exercise.

In addition, the Reverse Hyper is often used in therapeutic work. Sometimes it is combined with lighter weights to strengthen the back.



Dimensions

1.4m x 1.2m x 1.2m

Warranty

frame / welds / weight plates / guide rods: 5 years
pulleys / bearings / bushings: 5 Years
labor / upholstery / grips: 6 months

www.tffitness.ie

Tel: 353 42 9667666

Fax: 353 42 9668192

Email: sales@tffitness.ie

T&T Fitness Systems, Dublin Road,
Kingscourt, Co. Cavan