



Description

One of the best plyometric exercises to increase explosive power, speed and strength.

Specifically designed and constructed to accommodate larger athletes – the jump box platform height ranges from 12cm to 105cm with 9 separate intervals.

The Jump Box features an oversize platform for even greater stability.



Specifications

1" diameter 16 gauge steel tubing with powder coated finish and a heavy checkerplate platform.

Dimensions

0.9m x 0.9m x 1.3m
LxWxH

Warranty

*frame / welds / weight plates / guide rods: 5 years
pulleys/bearings / bushings: 5 Years
labor / upholstery / grips: 6 months*

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Condition Injury Prevention Prehabilitation Training
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