



### Rubber Coated Hexagonal Dumbbells

Virgin rubber casings reduce noise, protect flooring and users and eliminate any rubber odour. Handles are constructed from fully chrome plated solid steel with knurls to add extra grip.

(1-10kg, 1kg increments) (12-30kg, 2 kg increments)

---

### Rubber coated Round Dumbbells

Commercial grade round rubber dumbbells with comfort handles.

(1-10kg, 1kg increments) (12-30kg, 2 kg increments)



### Rubber coated Round Dumbbells

Commercial grade, heavy duty round rubber dumbbells with Commercial grade, heavy duty round rubber dumbbells with comfort handles.

(1-10kg, 1kg increments) (12-30kg, 2 kg increments)

---

### BBE Max Grip Medicine Ball

Made from quality rubber and colour coded for multipurpose training. Ideal for strength training, rehabilitation, improving hand eye coordination, flexibility and balance.



### KettleBells

Cast iron with smooth enamel finish. For a complete all round body workout; also used to rehabilitate and aid the recovery process.

---